



# Clinical Alliance Services, LLC

## **Advanced Psychology Practicum Fellowship**

Clinical Alliance Services, LLC offers a ten-month Advanced Psychology Practicum Fellowship, with an optional second year of training, for students enrolled in APA-accredited doctoral programs in clinical psychology or counseling psychology. Our training program is ideal for doctoral students interested in psychodynamic, relational and attachment-based psychotherapy approaches, and in working with emerging adults and college students. A time commitment of 24 hours per week is required for the first year of training and 20 to 24 hours per week for the optional second year of training. The Advanced Psychology Practicum Fellowship provides Fellows with an introduction to culturally informed, relational psychodynamic treatment approaches. Fellows will learn the basic tenets of relational psychodynamic psychotherapy, including the use of self and relationship to facilitate change in psychotherapy. In collaboration with their supervisors and peers, Fellows will learn to actively reflect on the therapeutic process and their role in it, in service of utilizing interventions and developing clinical formulations, as well as tailoring treatment plans for their clients. Fellows will also be encouraged to critically reflect on the impact of their personal identities and experiences, and the broader systems in which these exist, on their clinical work.

### **Training Goals**

Fellows will learn to recognize and understand the:

- influence of the unconscious on their and others' behavior;
- impact of early experience on later development;
- how the current therapeutic relationship is influenced by clients' early relationships;
- benefits and limitations of psychodynamic treatment approaches and when alternative treatment approaches, including specialty treatment or higher levels of care, may be clinically indicated; and
- experience of difference and the impact of oppression on their own lives and the lives of clients, including the ability to reflect on the internal unconscious meanings of these experiences and their impact on both the therapeutic relationship and process.

### **Training Opportunities & Responsibilities**

Fellows are responsible for scheduling 15 to 16 psychotherapy sessions per week, resulting in an average of 12 to 13 sessions per week, with clients participating in weekly or twice weekly psychotherapy. Fellows will receive two hours of individual clinical supervision and 1.5 hours of group clinical supervision each week with experienced staff clinicians. Fellows will also attend a weekly Psychodynamic Theory & Practice Seminar alongside postgraduate Social Work Fellows. Training in psychodynamic couples may be available during the optional second year of training. Fellows are required to work three weekdays, be on-site in our Cambridge office one to two weekdays and provide both in-person and telehealth psychotherapy services.



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## Sample Schedule

- Psychotherapy: Availability to schedule 15 to 16 sessions per week, resulting in an average of 12 to 13 billable sessions per week
- Clinical Documentation: Approximately 2 to 3 hours per week
- Individual Clinical Supervision: 2 hours per week
- Group Clinical Supervision: 1.5 hours per week
- Psychodynamic Theory & Practice Seminar: 1.5 hours per week
- Meetings with Director: 1 hour per month

## Applicant Requirements

Applicants must have completed a minimum of two years of clinical practice and have a minimum of one year of experience with adult psychotherapy.

## Application Instructions & Deadline

Email the required application materials to [training@clinicalallianceservices.com](mailto:training@clinicalallianceservices.com) and write “Advanced Psychology Practicum Fellowship Applicant” in the email subject line. Required application materials include:

1. cover letter addressing experience with or exposure to psychodynamic, relational and attached-based treatment approaches and the provision of culturally informed care;
2. curriculum vitae;
3. three letters of reference, at least two of which should be from clinical supervisors (include references’ contact information); and
4. official or unofficial copy of graduate transcript.

Clinical Alliance Services, LLC follows the recommended application deadlines and notification dates of the Massachusetts Practicum Training Collaborative: <https://massptc.org>

**Start & End Date:** The Advanced Psychology Practicum Fellowship starts in September, with a two-day orientation at the end of August, and terminates at the end of June.

**Vacation & Holidays:** The training year includes a prescheduled two-week vacation starting December 24 (or the following weekday, if that date falls on a weekend), which may or may not correspond with the winter break of the Fellow’s home institution. Fellows are not expected to work on federal holidays, but are expected to reschedule clients whose regular weekly appointments fall on a federal holiday to an alternate day of the same week.

**Stipend:** A stipend of \$10,000 (\$1,000 per month) will be provided to each Advanced Psychology Practicum Fellow.

**For Additional Information:** View our website [www.clinicalallianceservices.com](http://www.clinicalallianceservices.com), email [training@clinicalallianceservices.com](mailto:training@clinicalallianceservices.com) or call (617) 307-4470.