

Advanced Psychology Practicum Fellowship: Psychotherapy Track

Clinical Alliance Services, LLC offers a 10-month Advanced Psychology Practicum Fellowship for students enrolled in APA-accredited doctoral programs in clinical psychology or counseling psychology. Our training program is ideal for doctoral students interested in relational psychodynamic and attachment-based psychotherapy approaches, and in working with emerging adults and college students. A time commitment of 24 hours per week is required. The Advanced Psychology Practicum Fellowship provides Fellows with an introduction to culturally informed, relational psychodynamic treatment approaches. Fellows will learn the basic tenets of relational psychodynamic psychotherapy, including the use of self and relationship to facilitate change in psychotherapy. In collaboration with their supervisors and peers, Fellows will learn to actively reflect on the therapeutic process and their role in it, in service of utilizing interventions and developing clinical formulations, as well as tailoring treatment plans for their clients. Fellows will also be encouraged to critically reflect on the impact of their personal identities and experiences, and the broader systems in which these exist, on their clinical work.

Training Goals

Fellows will learn to recognize and understand the:

- influence of the unconscious on their and others' behavior;
- impact of early experience on later development;
- how the current therapeutic relationship is influenced by clients' early relationships;
- benefits and limitations of psychodynamic treatment approaches and when alternative treatment approaches, including specialty treatment or higher levels of care, may be clinically indicated; and
- experience of difference and the impact of oppression on their own lives and the lives of clients, including the ability to reflect on the internal unconscious meanings of these experiences and their impact on both the therapeutic relationship and process.

Training Opportunities & Responsibilities

Fellows are responsible for scheduling up to 15 psychotherapy sessions per week, resulting in an average of 12 sessions per week, with clients participating in weekly or twice weekly psychotherapy. Fellows will attend two individual supervision meetings and one group supervision meeting each week with experienced staff clinicians. Fellows will also attend a weekly Psychodynamic Theory & Practice Seminar alongside Postgraduate Social Work and Mental Health Counseling Fellows. Fellows are required to work at least three weekdays, be onsite in our Cambridge office two weekdays, and provide both in-person and telehealth psychotherapy services.



Sample Schedule

- Psychotherapy: Availability to schedule 15 to sessions per week, resulting in an average of 12 sessions per week
- Clinical Documentation: Approximately 2 hours per week
- Individual Clinical Supervision: 2 hours per week
- Group Clinical Supervision: 1 to 1.5 hours per week
- Psychodynamic Theory & Practice Seminar: 1.5 hours per week
- Meetings with Training Director: 1 hour per month

Applicant Requirements

- Completion of 2+ clinical practica / externships
- Minimum of 1 year experience in adult outpatient or college counseling setting

Application Instructions & Deadline

Email the required application materials to <u>training@clinicalallianceservices.com</u> and write "Advanced Psychology Practicum Fellowship: Psychotherapy Track Applicant" in the email subject line. Required application materials include:

- 1. Cover letter addressing experience with or exposure to relational, psychodynamic, and attached-based treatment approaches and the provision of culturally informed care;
- 2. Curriculum vitae:
- 3. Three letters of reference, including references' contact information, at least two of which should be clinical supervisors; and
- 4. Official or unofficial copy of graduate transcript.

Clinical Alliance Services, LLC follows the recommended application deadlines and notification dates of the Massachusetts Practicum Training Collaborative: https://massptc.org

Start & End Date: The Advanced Psychology Practicum Fellowship starts in September, with a multi-day orientation the last week of August, and terminates at the end of June.

Stipend: \$10,000

Vacation & Holidays: The training year includes a pre-scheduled two-week vacation from December 22, 2025 to January 2, 2026, which may or may not correspond with the winter break of each Fellow's doctoral program. Fellows are not expected to work on federal holidays, but are expected to reschedule clients whose regular weekly appointments fall on a federal holiday to an alternate day of the same week.

For Additional Information: View our website <u>www.clinicalallianceservices.com</u>, email training@clinicalallianceservices.com or call (617) 307-4470.