

Advanced Postgraduate Fellowship

Clinical Alliance Services, LLC offers a two-year Advanced Postgraduate Fellowship for clinicians interested in expanding their clinical training in relational psychodynamic and attachment-based psychotherapy approaches. The Fellowship trains clinicians in culturally informed, relational psychodynamic treatment approaches. Fellows will expand on their prior learning of the tenets of relational psychodynamic psychotherapy, including the use of self and relationship to facilitate change in psychotherapy. In collaboration with their supervisors and peers, Fellows will learn to actively reflect on the therapeutic process and their role in it, in service of utilizing interventions and developing clinical formulations, as well as tailoring treatment plans for their clients. Fellows will also be encouraged to critically reflect on the impact of their personal identities and experiences, and the broader systems in which these exist, on their clinical work.

Training Goals

Fellows will learn to recognize and understand the:

- influence of the unconscious on their and others' behavior;
- impact of early experience on later development;
- how the current therapeutic relationship is influenced by clients' early relationships;
- benefits and limitations of psychodynamic treatment approaches and when alternative treatment approaches, including specialty treatment or higher levels of care, may be clinically indicated; and
- experience of difference and the impact of oppression on their own lives and the lives of clients, including the ability to reflect on the internal unconscious meanings of these experiences and their impact on both the therapeutic relationship and process.

Training Opportunities & Responsibilities

Fellows are responsible for scheduling up to 26 psychotherapy sessions per week, resulting in an average of 20 to 22 billable sessions per week, with clients participating in weekly or twice weekly psychotherapy. Fellows receive two hours of weekly individual clinical supervision and 1.5 hours of group clinical supervision with experienced staff clinicians and attend a weekly Advanced Psychodynamic Theory & Practice Seminar. Fellows also have the option to attend a weekly BIPOC clinicians seminar and consultation group. Fellows are required to work five days per week providing both in-person and telehealth psychotherapy services and must be onsite in our Cambridge office two days per week.



Sample Schedule

- Psychotherapy: Availability to schedule up to 26 sessions per week, resulting in an average of 20 to 22 billable sessions per week
- Clinical Documentation: Approximately 3.5 hours per week
- Individual Clinical Supervision: 2 hours per week
- Group Clinical Supervision: 1.5 hours per week
- Advanced Psychodynamic Theory & Practice Seminar: 1.5 hours per week
- BIPOC Clinicians Seminar & Consultation Group: 1.5 hours per week
- Meetings with Executive Director: 1 hour(s) per month

Pay & Benefits

Fellows are paid \$40 per hour for the first year and \$50 per hour for the second year as a W-2 employee for psychotherapy, clinical documentation, supervision, seminar, case conference and other required meetings. Full-time benefits include health and dental insurance, as well as four weeks of accrued Paid Time Off (PTO). Fellows become eligible for 401K with employer match after one year and 1,000 hours of employment.

Applicant Requirements

Fellowship applicants must meet the following requirements:

- 1. Applicants holding a Ph.D. in Clinical Psychology / Counseling Psychology or a PsyD must have completed an APA-accredited internship prior to Fellowship start date.
- 2. Applicants holding an M.S.W. or M.A. in Mental Health Counseling must have one year of postgraduate clinical experience in an adult outpatient setting prior to Fellowship start date.
- 3. All applicants must have completed some coursework or training (e.g., a one-year Fellowship) in psychodynamic theory & practice and/or demonstrate a solid understanding of the basic tenets of psychodynamic theory & practice.

Application Instructions

Email the following application materials to <u>training@clinicalallianceservices.com</u> and write "Advanced Postgraduate Applicant" in the email subject line.

- 1. a cover letter addressing exposure to or experience with psychodynamic, relational and attached-based treatment approaches and the provision of culturally informed care;
- 2. a curriculum vitae;
- 3. three letters of reference, including references' contact information, at least two of which should be clinical supervisors; and
- 4. an official or unofficial copy of graduate transcript.

Application Deadline: Application will be accepted starting January 1st with an application deadline of March 1st. Interviews will be scheduled and offers will be presented on a rolling basis, so it is possible that all positions will be filled by March 1st.



Start Date: The Postgraduate Mental Health Counseling Fellowship starts on September 2, 2025, with a multi-day orientation the last week of August, and terminates on August 31, 2027.

For Additional Information: View our website <u>www.clinicalallianceservices.com</u>, email <u>training@clinicalallianceservices.com</u> or call (617) 307-4470.